



Joan C. Webb

Writing, Speaking, and Coaching to Empower and Set Free

“Learn to make empowering choices for your future...change your life for the better!” - *Carol Kent, Author of Becoming a Woman of Influence*

“[Joan] is one fabulous speaker. Her authenticity was evident and I was awed by her ability to relate to the women in the room.” - *Tina H., Saddleback Women’s Leadership Team*

“I’m breathing again...Thank you for giving me permission to not be perfect!” - *Karen C., audience member at Permission to Exhale Retreat*

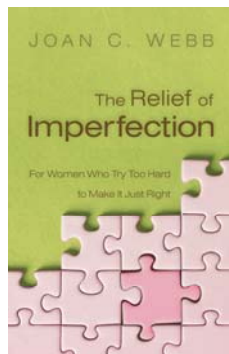
“...vulnerable, fun and right on the mark!” - *Marnie Swedberg, Author & Mentor to Busy Women Worldwide*

Joan C. Webb, a recovering perfectionist and action-addict, is a burnout survivor who communicates a message of freedom and renewal. As a speaker/teacher, Life Coach and LifePlan facilitator, she helps others move beyond their misbeliefs and become the person God designed them to be. Joan longs to make God’s message relevant and has authored thirteen books including **The Intentional Woman** (written with Carol Travilla), **The Relief of Imperfection**, and the devotional book, **It’s a Wonderful (Imperfect) Life**. Joan also wrote study notes in Zondervan’s **Women of Faith Study Bible**. Her background includes business ownership/management, travel to the Middle East doing relief and development work and twelve years as a pastor’s wife. She lives with her husband, Richard, in Chandler, Arizona, near their two married children and seven grandchildren. www.joancwebb.com

Joan’s Interactive Presentations

All presentations can be adapted to a keynote, workshop, sermon, or retreat.

Permission to Exhale



Offering relief for women who try too hard to do and make it all just right. Customizable topics include “The Relief of Imperfect Relationships or Emotions, Bodies, Life Work, Service, and Faith.” Based on Joan’s book, *The Relief of Imperfection* (Regal Books).

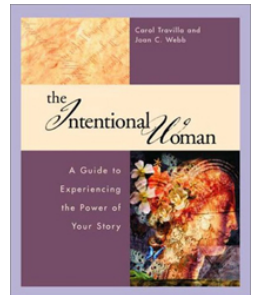
When we try too hard to make it all just right, eventually we get bone-tired. Here’s the relief-producing reality: people, circumstances and things do not have the ability to be flawless, since perfection on this earth is not possible. Only God is perfect! When this truth seeps into our souls, our shoulders relax and we gain permission to breathe more deeply.

The Intentional Woman

A Guide to Experiencing the Power of Your Story

Based on Joan’s and Carol Travilla’s book, *The Intentional Woman* (NavPress), this customizable presentation introduces women to powerful tools and exercises that assist them in becoming proactive, instead of just letting life happen. Participants gain perspective about:

- Who they are now (roles, behaviors, & life stage)
- Where they have been (experiences & accomplishments)
- How they can experience the power of their unique story, become intentional about personal and spiritual growth, and grow to love God more.



Interactive Presentation topics continued on next page

Contact Joan Today!

joan@joancwebb.com
480-659-0440
www.joancwebb.com
www.intentionalwoman.org



Joan's Interactive Presentations

(continued)

All presentations can be adapted to a keynote, workshop, sermon, or retreat.

Joan helps women find:

Relief

Balance

Peace

Rest

Laughter

Joy

Comfort

Discipline

Desire

Strength

Vision

Jesus

- **The Intentional Woman Finds Relief**
- **Joy! I Don't Have to Fix It All—including You!**
The Relief of Imperfect Relationships and Families
- **Numb and Number—When Trying Too Hard Dulls Your Soul**
Imperfectly Creative Times with God
- **Do You Like Me, Lord?**
Being Different is Okay (Discovering Your Pace/Priority)
- **The Invisible Woman Comes Out of Hiding—Flaws and All**
The Relief of Imperfect Emotions, Minds and Bodies
- **Doesn't God Want Me to Be Perfect?**
What's Wrong with Perfection?
- **When Playing God Is No Longer My Best Role**
When Helping Becomes Control
- **When the Going Gets Tough, the Tough Get Burned-Out**
The Relief of Imperfect Life-Work and Service
- **When Bigger-Better-More Squeezes Out God**
The Relief of Imperfect Churches and Culture
- **The Sky's Not the Limit**
The Curse of Over-Potentialism
- **The Intentional Woman Balances Her Roles**
A Unique Workshop for Women in an Age of Overchoice
- **The Power of Intentional Leadership**
How Your Story Impacts Your Ministry
- **Life Coaching Works!**
Using Coaching Methods and Tools to Help People Grow



In addition to speaking and teaching groups, Joan also offers life coaching and life planning for individuals. Visit her website at www.joancwebb.com for more information.

Contact Joan to Book Her for
Your Next Event!

joan@joancwebb.com
480-659-0440
www.joancwebb.com
www.intentionalwoman.org